Recycle in the Bathroom

The household bathroom is home to a number of recyclable products but we often forget when we empty a shampoo bottle or bandage box to recycle the container. Here are a few tips to make recycling in the bathroom second nature.

▪ Add a small recycling bin to the bathroom. Even the most diligent recycler may toss recyclables in the trash if the recycle bin is in the kitchen or outside.

▪ Make sure plastic bottles are emptied before recycling. You don’t need to thoroughly clean them out, a light rinse will do.

▪ Keep in mind that toilet paper rolls, soap and tissue boxes are paperboard and can be recycled.

▪ Remember when you empty a can of air freshener, deodorant, hairspray or shaving cream toss the aerosol can in the recycle bin. If the can is full, or partially full, you will need to contact your local municipal waste facility for disposal options.

▪ Dental floss containers, toothbrushes and most toothpaste tubes are not accepted in the recycle bin. However, they can be collected and recycled through mail-in recycling programs like TerraCycle (www.terracycle.com).